

Community Needs and Resources

LUDLOW

January 2023



PUBLIC HEALTH INSTITUTE
OF WESTERN MASSACHUSETTS
PARTNERS FOR HEALTH EQUITY



413CARES
Connecting People With Resources

Ludlow Profile

Census Data



Census Data: Age



Total Population: 21,291

Median Age

Ludlow

The median age of
Our Community is

44.0
years-old

This is **older than** the U.S.
median age of 38.1 years.

Median age of the population versus U.S. for the 1-
ZCTA area (ACS 2015-2019).

Source: Broadstreet, ACS 2015-2019

Number of Children
Under 5 Years

Ludlow

833

3.9% of our Community are
children under 5 yrs old

Source: U.S. Census Bureau, 2020 Census Redistricting Data (Public Law 94-171)

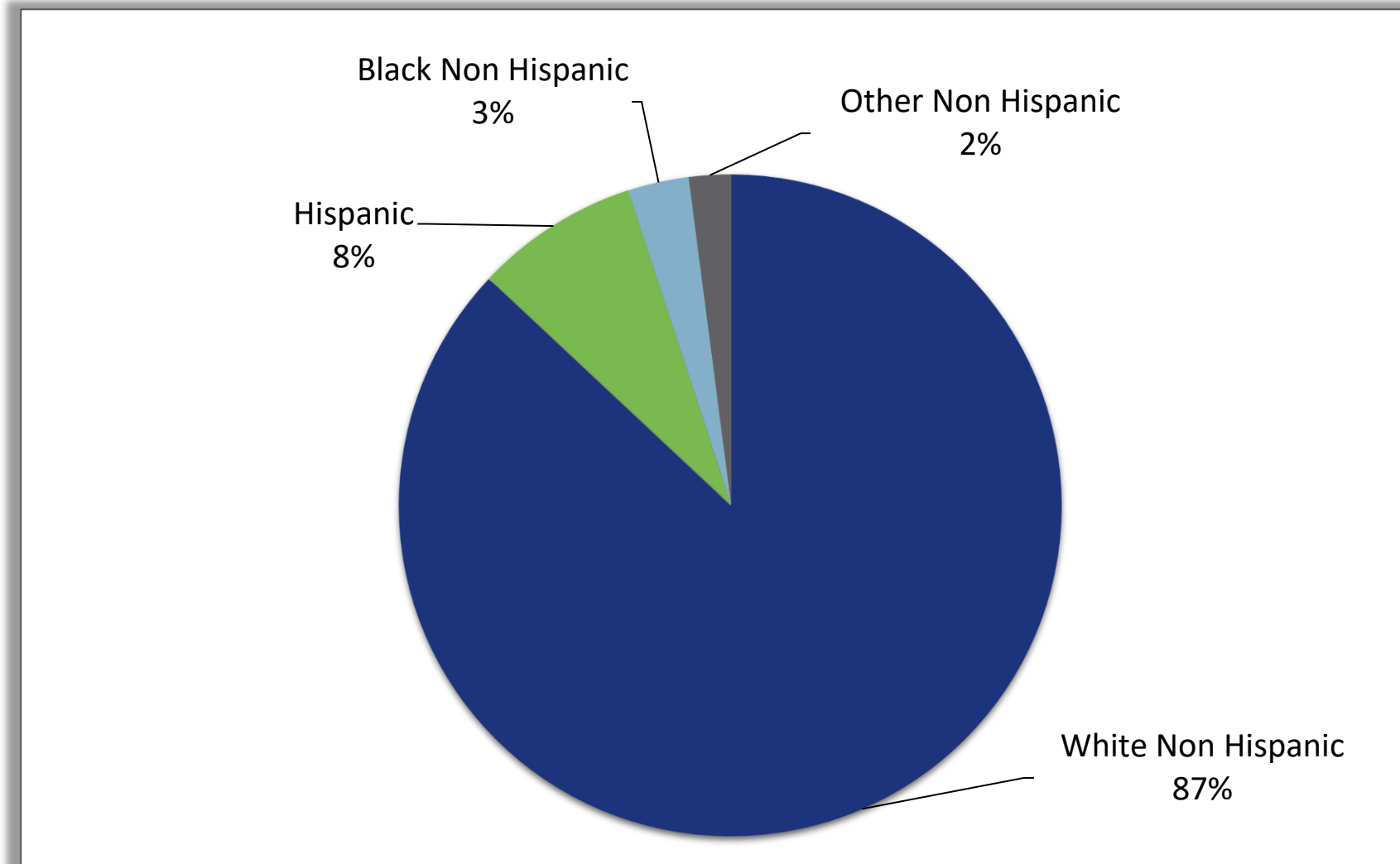
Number of Seniors in Our
Community

Ludlow

4,334

20.4% of our Community
are senior 65+ yrs old

Census Data: Race & Ethnicity in Ludlow

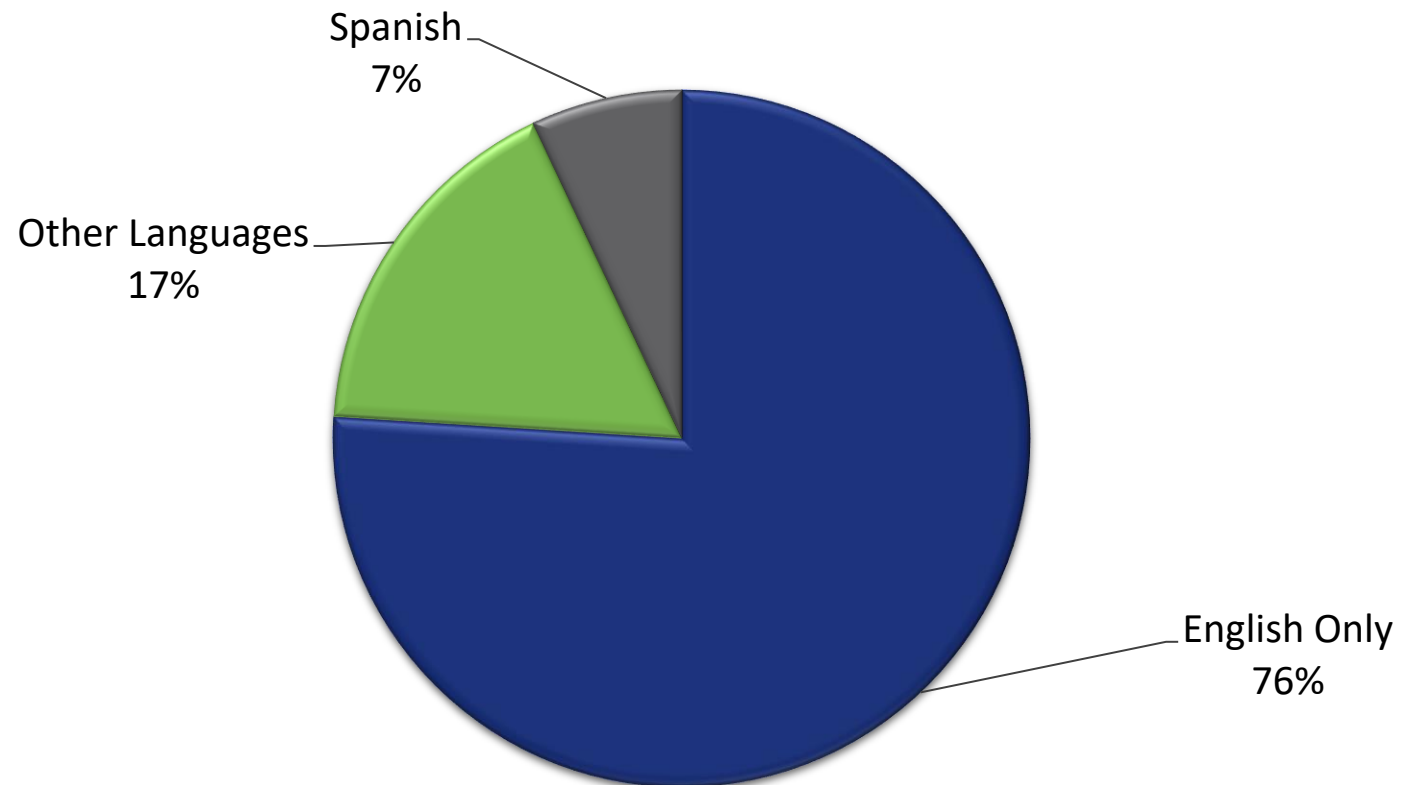


Source: U.S. Census Bureau, 2020 Census Redistricting Data (Public Law 94-171)

Census Data: Language

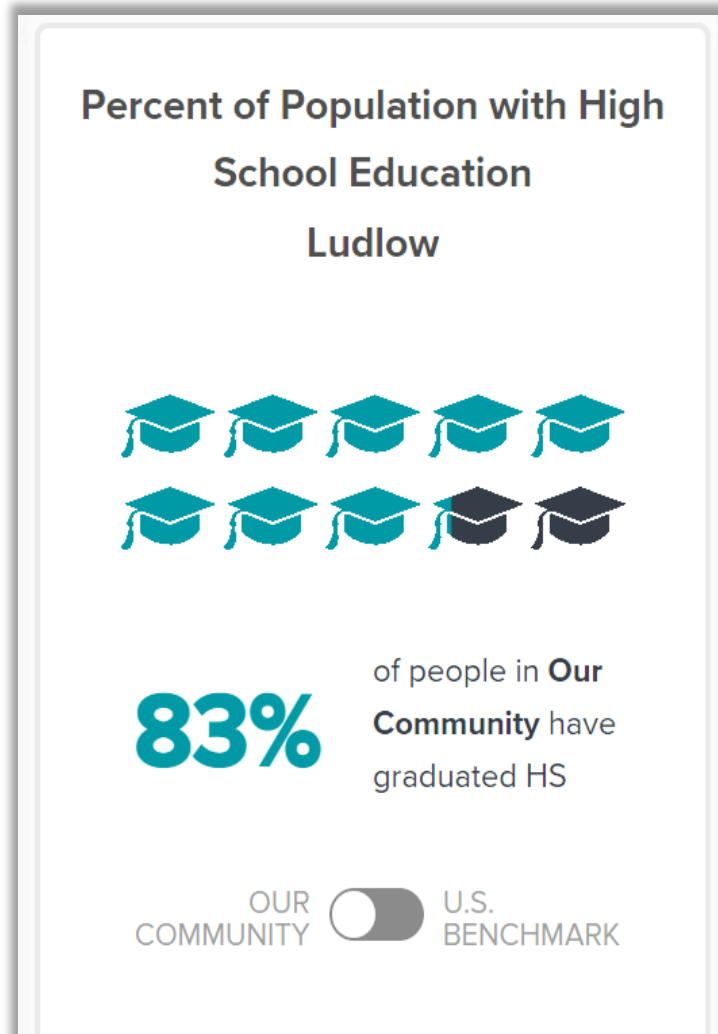


Languages Spoken at Home in Ludlow



Source: U.S. Census Bureau, 2020 Census Redistricting Data (Public Law 94-171)

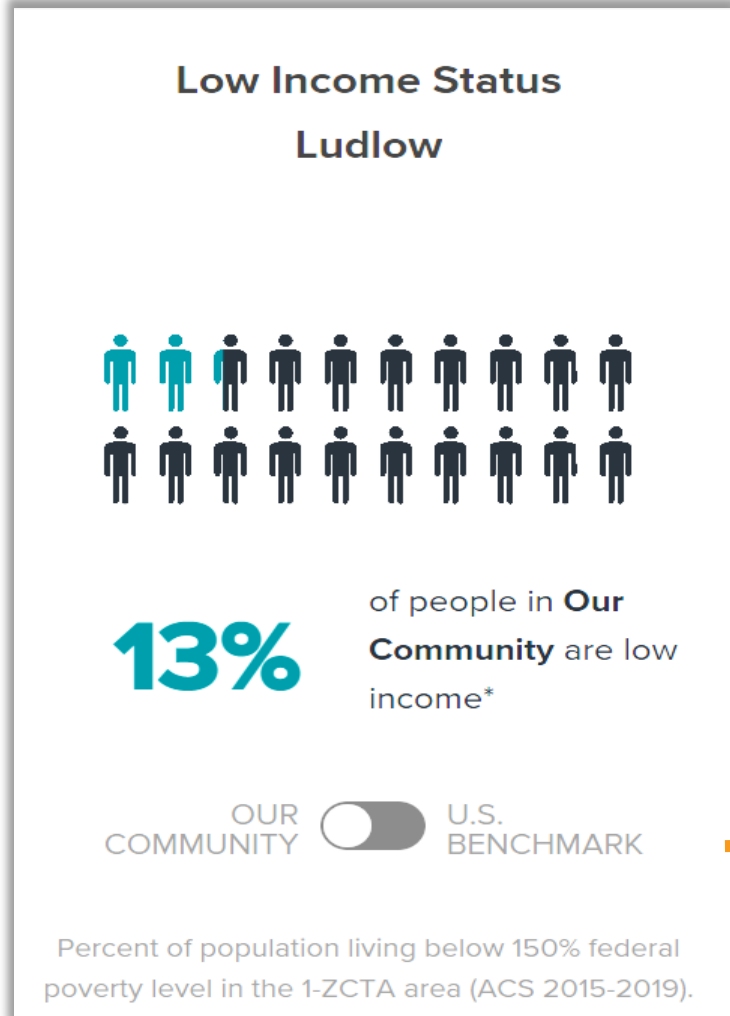
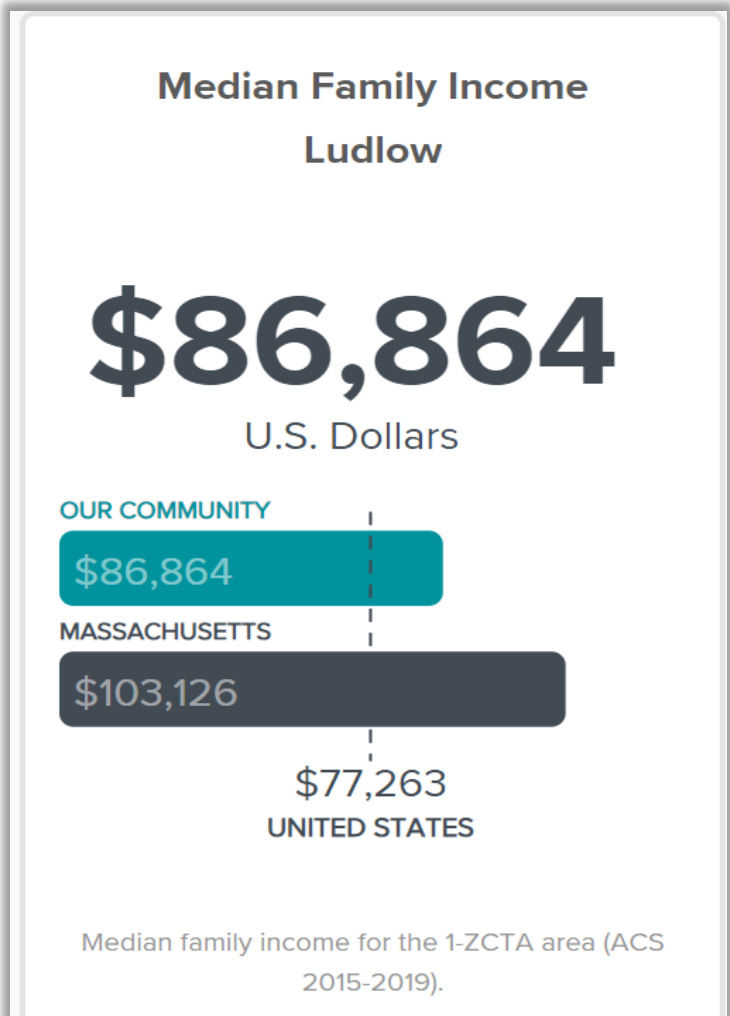
Census Data: Education



compared to **88%** of US population

Source: Broadstreet, ACS 2015-2019

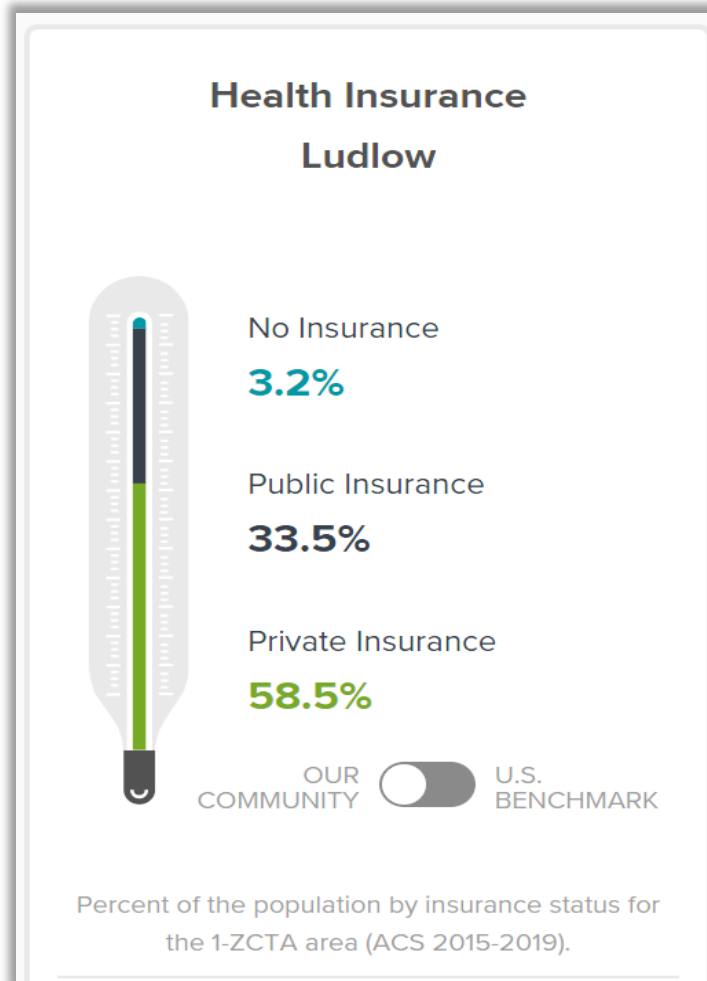
Census Data: Income



compared to 22% of US population

Source: Broadstreet, ACS 2015-2019

Census Data: Health



Compared to US population:
- No Insurance – 8.8%
- Public Insurance – 32.9%
- Private Insurance – 54.7%

Source: Broadstreet, ACS 2015-2019

Ludlow
Profile

COVID-19 Data



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COVID Data: Ludlow

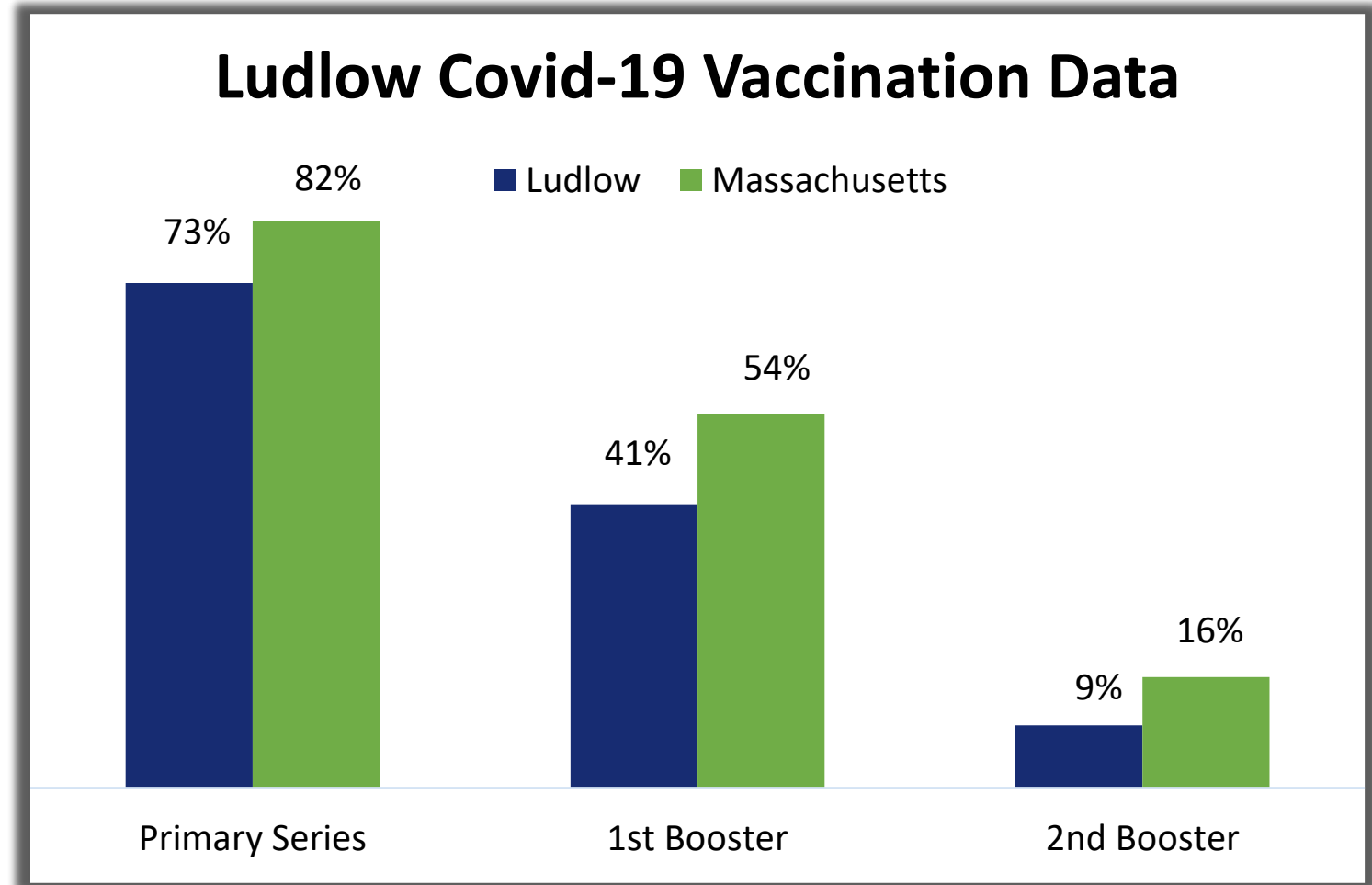


Total Population: **21,002**

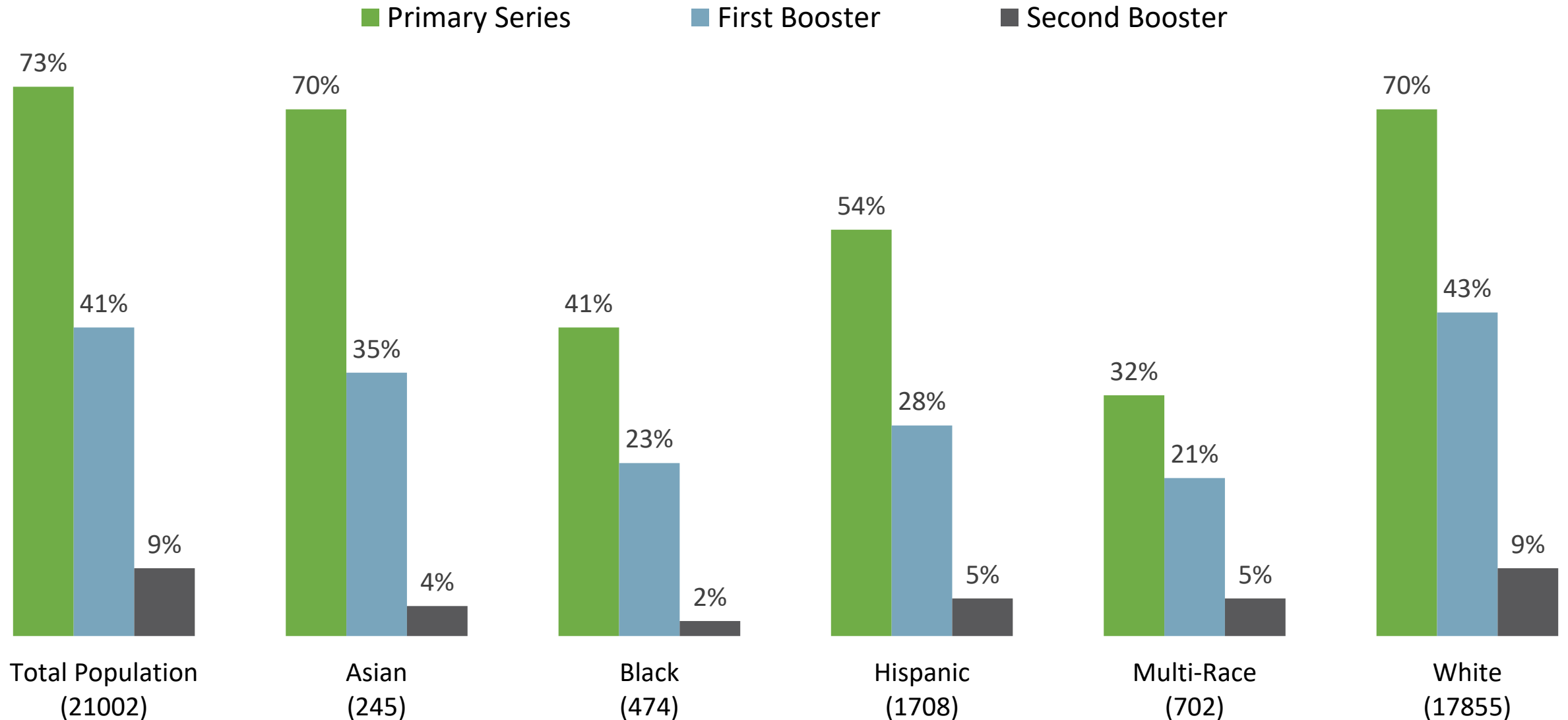
Total COVID Cases: **7,085**

Total COVID Deaths: **29***

**death total from 2020 & 2021 only.*

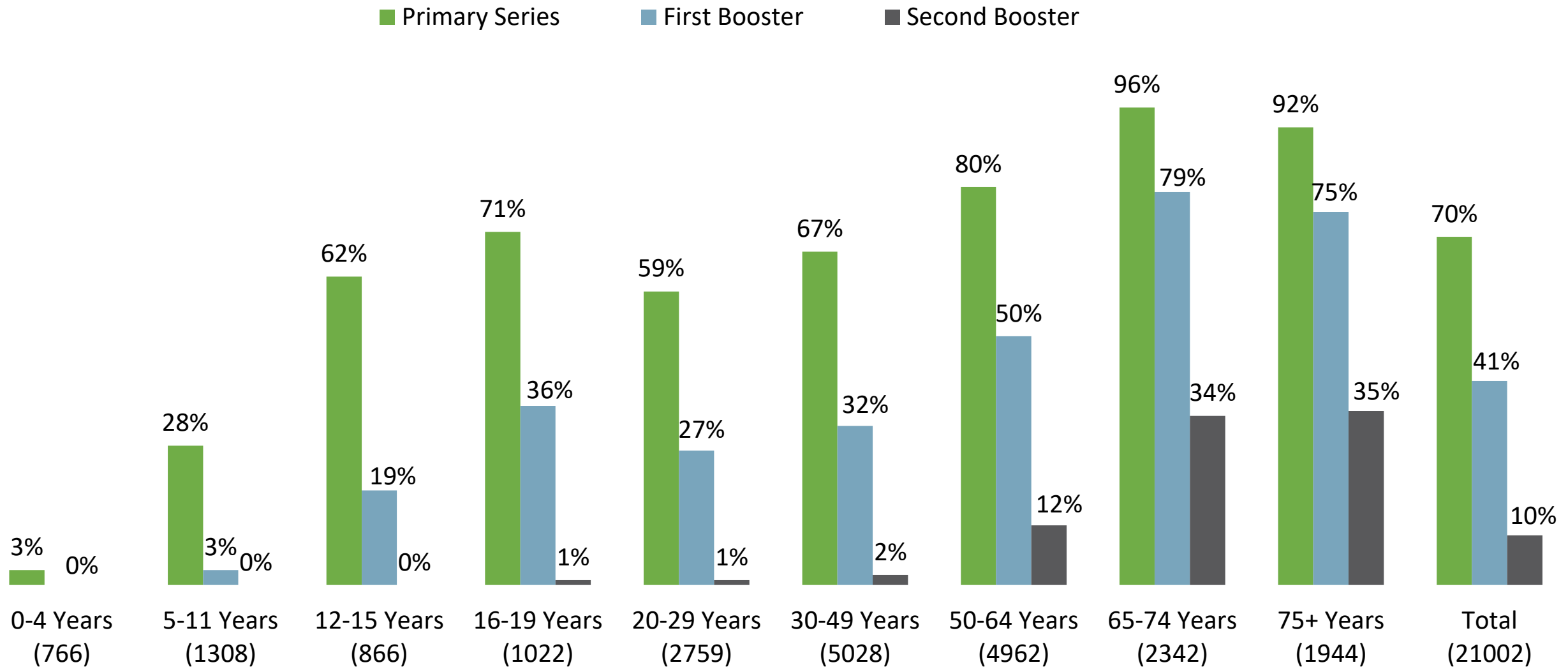


Vaccination Rates by Race/Ethnicity in Ludlow



Source: MA Department of Public Health [Covid-19 Response Reporting](#), October 2022

Vaccination Rates By Age in Ludlow



Source: MA Department of Public Health [Covid-19 Response Reporting](#), October 2022

COVID Community Impact Survey (CCIS)



In **November 2020**, the MA Department of Public Health implemented the survey to better understand the most pressing health needs facing the Commonwealth due to the pandemic, including the social and economic consequences

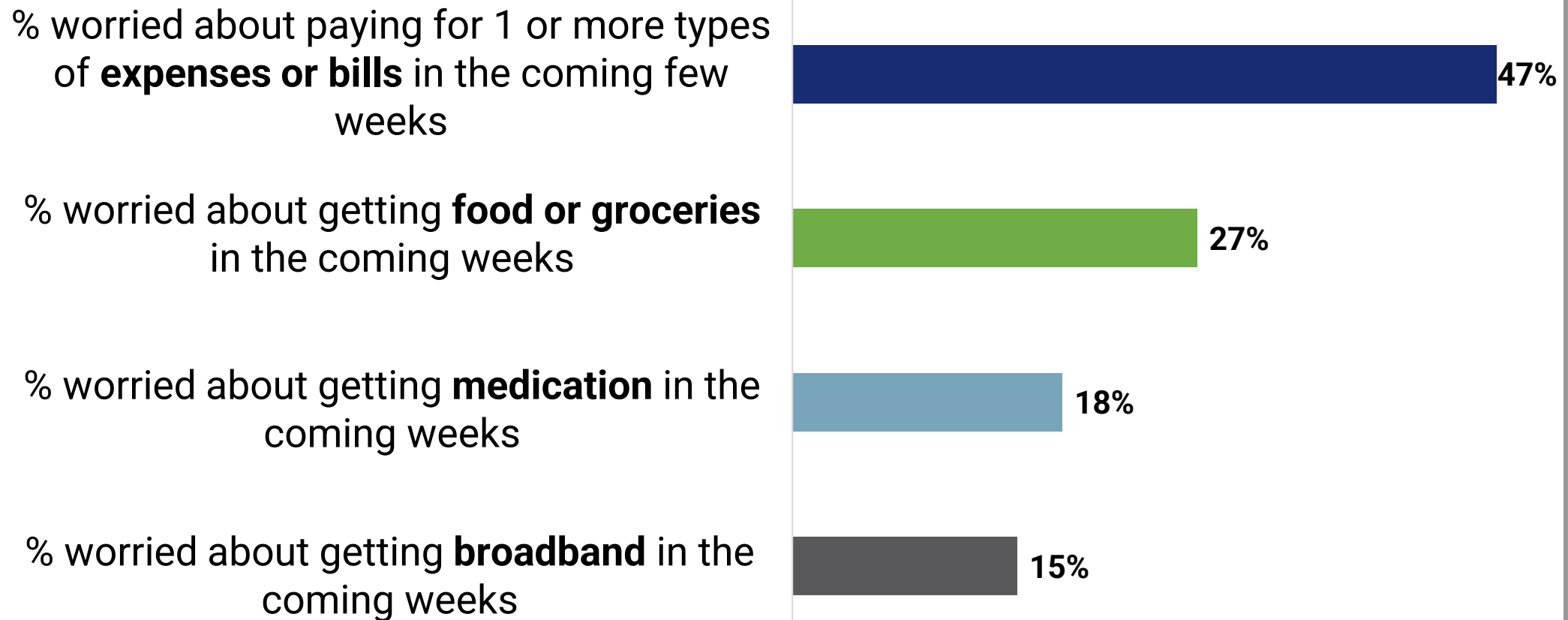
- Over **33,000 adult respondents and over 3,000 youth** (under 25) in the final sample.
- DPH targeted priority populations. There was good participation from LGBTQ, Indigenous, non-English speaking, Asian American, Latinx, deaf/hard of hearing, and black communities.
- **In Ludlow, there were 62 respondents.**

It is important to note that these findings are only representative of those who participated in the survey and may not be representative of the experiences of everyone in Ludlow or have good representation from priority populations.

CCIS Data: Ludlow



Worried about Basic Need Expenses (N=62)



CCIS Data: Ludlow



Impact on Income and Jobs (N=62)

% worried about paying **mortgage, rent, or utilities** related expenses



% of employed residents who experienced **job loss**



CCIS Data: Ludlow



Impact on Health (N=62)

% who had not gotten the **medical care** that they needed since July of 2020



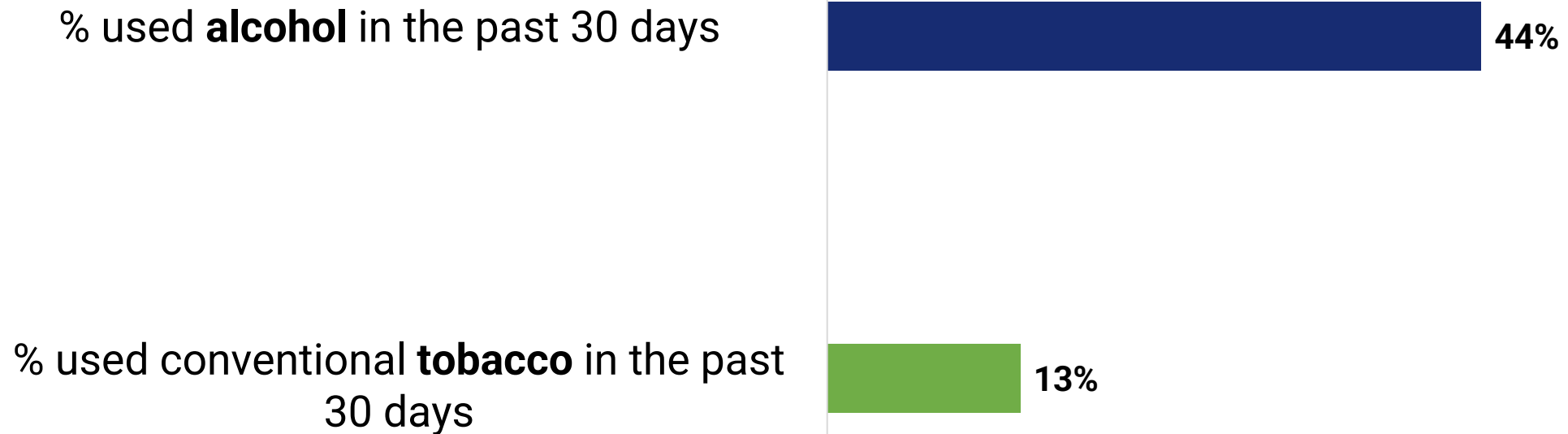
% with 15 or more poor **mental health** in the past 30 days



CCIS Data: Ludlow



Substance Use (N=62)



Ludlow
Profile

413 Cares Resources



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413Cares Overview

- Central place for up-to-date information about local community services and how to access them
- Input from social service and health care agencies
- Bi-directional referral capability and helpful tools for community-based organizations
- Completely FREE to use
- Funded by Baystate Health and the MA Department of Public Health
- Built on the findhelp.org national platform



Support and Vested Interest for 413Cares



Advisory Board



Funders



ADVANCING CARE.
ENHANCING LIVES.



413Cares Partnerships

Partnerships aim to direct people to specific types of needed resources

- [Digital Resources](#)
- [Addiction and Recovery Resources](#)
- [Food Navigation](#)
- [Mentoring](#)
- [Breaking Stigma of Substance Use](#)

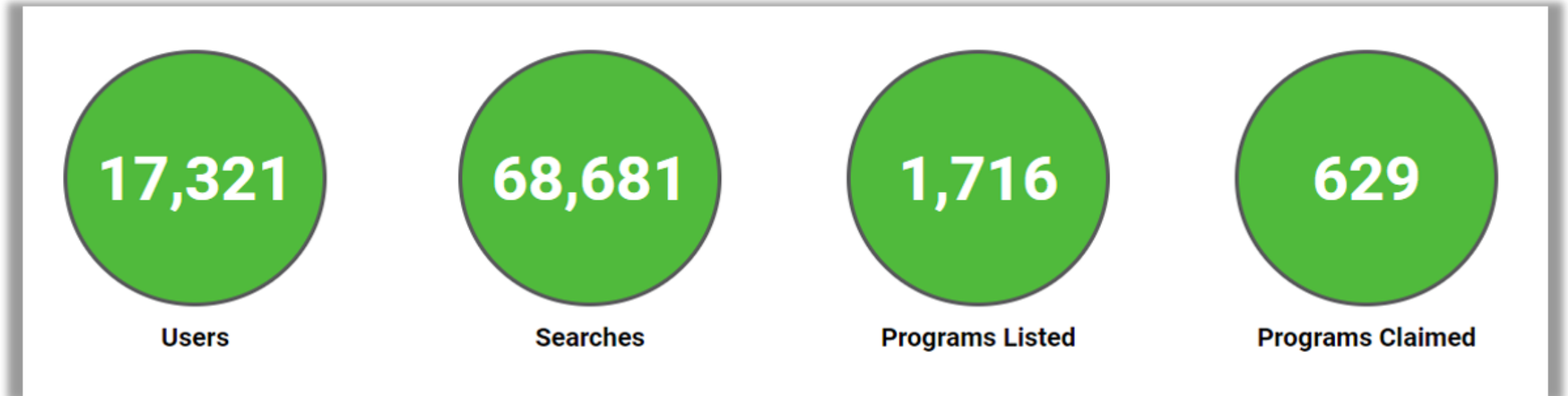


More partnerships are on the horizon!

413Cares Engagement



As of December 2022



413Cares Growth

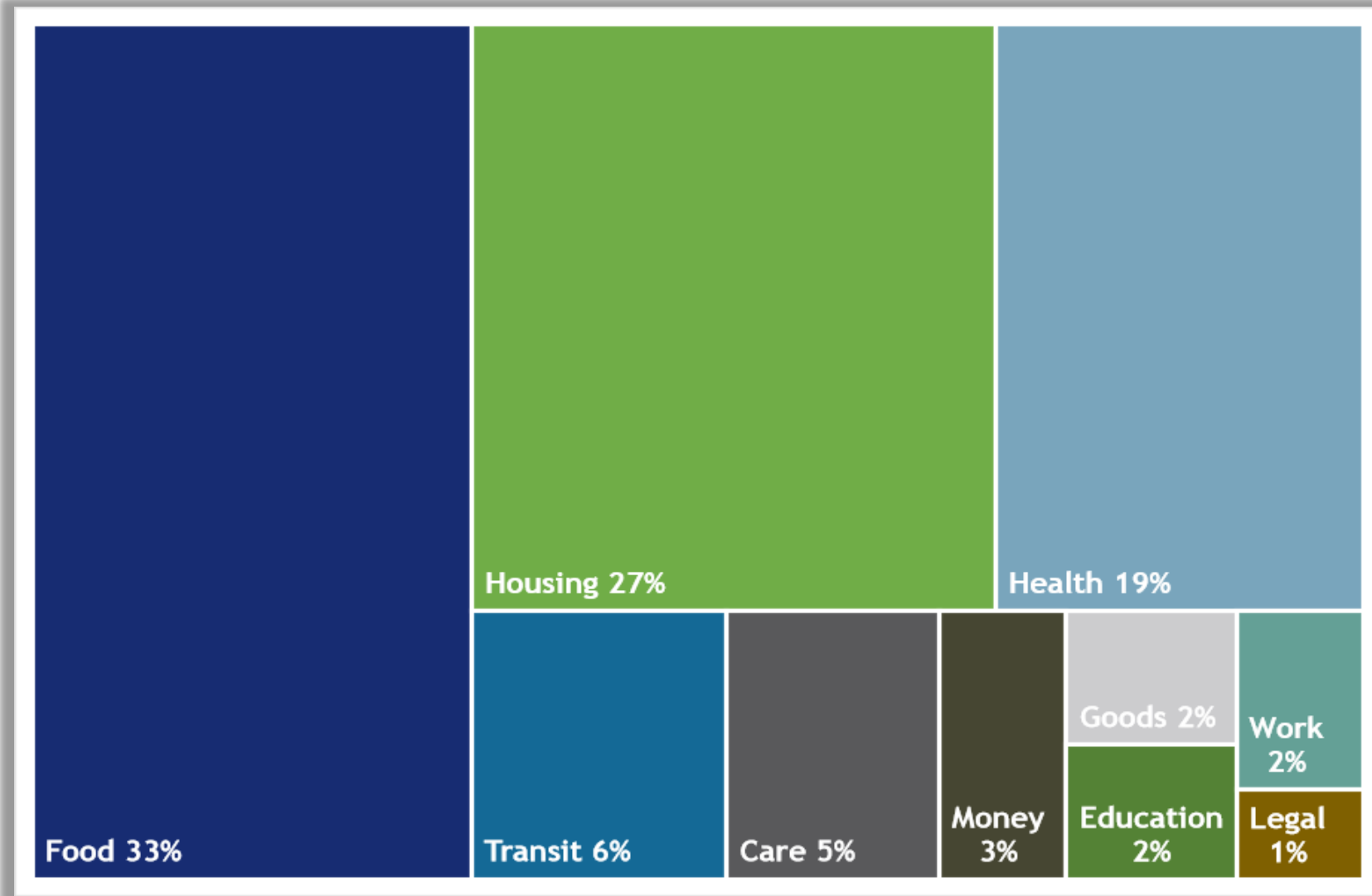


Activity	2021	2022	% Increase
Searches	17,841	31,762	78%
Users	4,812	8,065	68%
Programs Added	325	481	48%
Programs Claimed	113	202	79%

What are people searching for in Ludlow?



Search categories (all time) in Ludlow



Search terms (all time) in Ludlow

Term	Searches
food	24
housing	15
food delivery	14
grant for people	14
food pantry	12
transportation	11
help pay for food	11
transitional income	10
heating	8
housing assistance	7
help find housing	6
government food	6
utility bills	5
men batterer program	5
michael j. dias	5

Ludlow Programs on 413Cares

- **564** programs serving Ludlow on 413Cares
- **269** programs are claimed

	Food	Housing	Goods	Transit	Health	Money	Care	Education	Work	Legal
# of Local Programs	39	100	28	16	288	88	345	189	63	42

Local = Programs that provide services throughout a county, city, or a postal/zip code.

413Cares Supporting Ludlow



- Raising awareness of existing services
- Connecting people to needed services and programs
- Connecting service providers to each other

413CARES
Connecting People With Resources

Check Out the Online Community Resource Database For the 413

Search for and connect with **FREE** resources in your community

Find FREE and reduced-cost services and programs related to:

- Housing
- Food and Nutrition
- Early Education
- Behavioral Health & Recovery
- Healthcare
- And More!

413Cares is free, easy to use and can be used anonymously

Watch Video to Learn More
Scan with the cares app on your smartphone.

GO TO **413Cares.org**

Brought to you by

The graphic is a vertical poster for 413Cares. At the top is the 413Cares logo and tagline. Below that is a call to action to check out the online database. The main section features an illustration of a woman sitting at a desk with a computer, with the text "Search for and connect with FREE resources in your community". Below this is a green bar with icons and labels for various services: Housing, Food and Nutrition, Early Education, Behavioral Health & Recovery, Healthcare, and And More!. Further down, it states "413Cares is free, easy to use and can be used anonymously". At the bottom, there is a QR code, a link to "Watch Video to Learn More" with a note to scan with the cares app, and a green arrow pointing to "GO TO 413Cares.org". The bottom right corner includes a QR code and the text "Brought to you by" followed by the Public Health Institute of Western Massachusetts logo.

413Cares Resources

- **Schedule trainings** for community providers, offices, stakeholders, and constituent service staff to get more programs claimed and people connected to services
 - To schedule a training, contact 413Cares Staff:
 - Liv Anna Homstead, LHomstead@publichealthwm.org and
 - Francheska Bermudez, FBermudez@publichealthwm.org
- **Distribute materials** – tip cards, posters
 - Available in English and Spanish, and other languages upon request
- **Use the search widget on your site**



The search widget features the 413CARES logo at the top, which includes a person icon with a location pin and the text "413CARES Connecting People With Resources". Below the logo are three input fields: a text box for "Keyword or program name", a text box for "Enter your ZIP code", and a dark grey button labeled "SEARCH".



The graphic for 413Cares.org features a green header with the text "413Cares.org Connecting YOU with Resources in Western Massachusetts An Online Community Resource Database For the 413!". Below the header is a "GO TO 413Cares.org" button and the text "Critical information, resources and referrals". A "Resources Available" section lists categories with icons: Food and Nutrition (apple), Housing (house), Behavioral Health & Recovery (heart with brain), Healthcare (cross), Early Education (ABC blocks), and "And More!". At the bottom, there is another "GO TO 413Cares.org" button, a QR code with the text "Scan with the camera app on your smartphone.", and the 413CARES logo and text "413Cares is an online resource managed by the Public Health Institute of Western Massachusetts".

Interested in More Data?

MA COVID Community Impact Survey (CCIS)

For CCIS questions and to submit a request, contact:

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kszegda@publichealthwm.org

Victoria Hill

vhill@publichealthwm.org



www.publichealthwm.org/what-we-do/research-evaluation/reports/COVID-Impact-TA

2022 Baystate Wing Community Health Needs Assessment

<https://www.baystatehealth.org/about-us/community-programs/community-benefits/community-health-needs-assessment>



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QUESTIONS?

